

How Caregivers Can Help

You are an essential part of your loved one's treatment circle. There are many things you can do to help.



Know what to expect:

- ▶ Find out as much as you can about your loved one's diagnosis and treatment
 - You'll have a better idea of what to expect during your loved one's journey
- ▶ Understand the dosing schedule and potential side effects of CABOMETYX
 - You can help your loved one keep an eye on both—especially side effects, since some can be managed



Go along to doctor's appointments:

- ▶ Go to checkups with your loved one
 - He or she will have a second pair of ears listening to the doctor and nurse
- ▶ Come prepared with questions to ask the doctor or nurse
 - Make sure you get all the answers you're looking for
- ▶ Take notes and speak up!
 - Don't be afraid to ask questions if you don't understand something



Get organized:

- ▶ Try to be as organized as possible
 - There's a lot of paperwork in healthcare to keep track of
 - Make sure you have a place to store important documents so you can find them easily

And don't forget to take care of yourself too!



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